





Kenyon-Wanamingo Breakfast Menu

March
2020

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Breakfast Pizza</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>3</p> <p>Breakfast Sandwich</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>4</p> <p>Long John</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>5</p> <p>Breakfast Stacker Sandwich</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>6</p> <p>Cinnamon Roll</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>9</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Canned Fruit 1% Milk</p>	<p>10</p> <p>Breakfast Sandwich</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>11</p> <p>Long John</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>12</p> <p>Breakfast Stacker Sandwich</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>13</p> <p>Cinnamon Roll</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>16</p> <p>Breakfast Pizza</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Canned Fruit 1% Milk</p>	<p>17</p> <p>Breakfast Sandwich</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>18</p> <p>Long John</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>19</p> <p>Breakfast Stacker Sandwich</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Orange Juice Vegetable Selection 1% Milk</p>	<p>20</p> <p>Cinnamon Roll</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>Mini French Toast</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>25</p> <p>Long John</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>26</p> <p>Breakfast Stacker Sandwich</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>27</p> <p>Cinnamon Roll</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>30</p> <p>Breakfast Pizza</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>31</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Choice of Cereal Whole Grain Toast</p> <p>Vegetable Selection Apple Juice 1% Milk</p>			 <p>Choose MyPlate.gov</p>

INFORMATION	Regular	\$1.70
	Reduced	\$0.00
	Adult	\$2.35
	Extra Entree	\$1.30
	Extra Milk	\$0.60

EXTRA INFO

Milk choice of 1% White, Chocolate Skim, or Skim is included with lunch.
Entree Salads are served with Dinner Roll.
For questions or comments, contact Crystal Allers at 507-789-7024 or email callers@kw.k12.mn.us



Your **MENUS** plus more information on our app
Taher Food4Life®

